

# Teacher Survey



## What is PowerUp Your School?

PowerUp Your School is an extracurricular exercise program aligned with the Common Core State Standards to PowerUp students' bodies and brains!

## Who can participate?

Currently the program is designed for Elementary aged students and is implemented before or after school. PowerUp Your School for Middle and Intermediate Schools will be available April 2013!



## The exercise is good for their bodies, but is it really helping their brains too?

Yes! Results of a preliminary teacher survey show that PowerUp Your School is making a difference in the classroom!



Since beginning PowerUp Your School exercise sessions, students that participate regularly...



78%

The percent of teachers reporting that students concentrate better on PowerUp days!

79%

The percent of teachers reporting that students are ready to learn on PowerUp days!

After participating in a PowerUp Your School exercise session, students...

